



**THE OFFICE OF DISASTER PREPAREDNESS AND MANAGEMENT
(ODPM)**

HANDBOOK

for

“NATIONAL EXERCISE DAY”

IN THE READINESS MONTH OF MARCH

HOMEOWNERS

An Earthquake Scenario



Let's Get
Ready

PROMOTING THE 72 HOUR PROTOCOL

A Division of the Ministry of National Security

Participants, please register here: www.tsunamizone.org



EARTHQUAKE DRILL

As a Homeowner, the Office of Disaster Preparedness and Management (ODPM) **encourages** you to perform a drill at your home or residence, apartment or dwelling.

WHAT DRILL CAN I CONDUCT?

You can conduct any *ONE* of the following:

1. Practice what you can do when the earthquake is happening-

The house/apartment will be shaking a lot and items loosely stored will fall. You will not be able to stand properly.

- a. You will have to evacuate your home if it is not fit to stay in.

Practice evacuation of your home or apartment.

2.
 - a. You may have a relative trapped under a heavy piece of wood – what will you do, if he/she is bleeding?
 - b. If any relative has suffered an injury to the hand and is bleeding what can you do?
 - c. If a relative has suffered burns to the face due to an explosion in the house due to a gas tank falling down, what can you do?

Practice basic first aid.

3. When you gather outside your home- who do you contact? What will you tell them? Where is your designated shelter? Who can tell you? How will you get there? Do you expect the roads to be free to drive? Do you expect your phones to be working? How will you contact anyone if your phones are not working?

Practice what you will do when you evacuate the home.

4. How long is the walk to your nearest shelter? Have you visited your shelter? What do you need to take to your shelter? What are the most important things that you need to have in your disaster bag to go to the shelter? Is everyone in your home able to carry their own disaster bags?

Practice what you will do when you go out to the shelters.

WHAT TO DO AFTER YOU FINISH YOUR DRILL?

PLEASE ANSWER ALL THE QUESTIONS THAT YOU WOULD HAVE OBTAINED AT THE END OF THIS BOOKLET AND PLEASE CHECK THE FOLLOWING:-

WEBSITE: www.odpm.gov.tt

EMAIL: publicinfo.odpm@gmail.com



FACEBOOK: ODPMTT



TWITTER: ODPM_TT



INSTAGRAM: Official ODPMTT



YOUTUBE: TTODPM

OR SEE PRESS FOR SUBMISSION DETAILS

THE FIRST 200 HOUSEHOLDS WILL RECEIVE A DISASTER MANAGEMENT GIFT UPON SUBMISSION OF COMPLETED BOOKLET.



HOMEOWNER RESPONSE BOOKLET

Address

.....

Household Composition

Age group	Female	Male	Special Needs
<13			
14 – 25			
26 – 40			
41 - 60			
60+			

Pets

.....

Property Details

Type	Yes
House	
Apartment	
Building/Complex	

DATE:-

.....

EARTHQUAKE DRILL--- WHAT DID YOU DO?

1. When you first felt the heavy shaking and the items on your cupboards and shelves started to fall and shatter, what did you do?
 - I relaxed and thought that it will soon be over.
 - I started to pray loudly and begged the Lord for Mercy.
 - I practised the drop, cover and hold technique immediately and shouted to all my family members to do same.
 - I ran out of the house really fast.

2. After you assembled all your family members after the first set of tremors or shakes, what did you do next?
 - We ran out of the house as fast as possible.
 - We decided to make a cook because we were hungry.
 - We shouted for help really loud.
 - We decided to call the Fire Station and gather our disaster bags.

3. What kind of items do you have stored if an earthquake occurs?
 - Johnny Walker Black, ramen noodle soup and Pringles.
 - Water, ready to eat canned food and medication.
 - Juice, chocolate and money.
 - Cigarettes and lighters, a laptop and music CDs.

4. If the landline and mobile phones went dead immediately after the heavy shaking, what would you do?
 - We would send one of our family members to call the neighbours.
 - We would take a hammer and make loud noises using a steel drum.
 - We would gather our disaster kit and turn on the transistor radios and await the messages from the authorities.
 - We would write a complaint about the ODPM being unprepared.

5. If the electricity also suddenly went out and your house had no current, what would you do?
 - Use wood and make a fire so that we could see.
 - Light a kerosene lantern to brighten up the dark areas if necessary.
 - Cook all the food in the freezer so that it will not spoil.
 - Use torchlight and wait until the electricity comes back.

6. If the water mains got ruptured down the street and there was no water in the pipe lines from your tanks when the earthquake struck and all the water in the house is gone, what will you do?
- Check with the neighbours to see if their tanks have water.
 - Use water from the Barrels outside to bathe, cook and wash clothes.
 - Send a family member to see if the local shop or parlour has bottled water to sell.
 - Locate the disaster supplies that you put away for just this occasion and ensure that all family members know how much to use every day if no water comes back for three days.
7. If you were trapped under a table by fallen debris and had to wait for assistance to come out, but you can see, feel, hear, smell and taste what would you do?
- Scream someone's name as loudly as you can, repeatedly.
 - Cry until you fall asleep.
 - Lie quietly and ensure your breathing passage remains clear.
 - Try your best to climb out.
8. Who would you call if a wall in or around your house/apartment has been badly damaged as a result of the heavy shaking?
- ODPM.
 - The Municipal/Regional Corporation.
 - The nearest Police Station.
 - Ministry of Works and Infrastructure.
9. Your house has been completely damaged and you are going to your nearest shelter. What will you do with your pet?
- I will take him/her to the shelter with me.
 - I will kill them for food.
 - I will put them in a plastic bag and throw it in the drain on my way to the shelter.
 - I will obtain information from my shelter to determine what I should do with my pet.
10. Having experienced this earthquake, what **will you** do to ensure your family is prepared to survive another in the future?
- I will ensure my house/apartment is built using a building code, develop a plan and photocopy important documents.
 - I will listen to other persons' experiences to learn from their mistakes.
 - I will relocate to another island/country to ensure we never experience an earthquake again.
 - I will follow ODPM on Twitter to get updates on when the next earthquake is coming.



Office of Disaster Preparedness and Management

A DIVISION OF THE MINISTRY OF NATIONAL SECURITY

WEBSITE: www.odpm.gov.tt • **EMAIL:** publicinfo.odpm@gmail.com • **CALL CENTRE:** 511

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